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ENGLISH LANGUAGE

Paper 1 Language and the individual

Insert

Texts for use with questions 1, 2 and 3

Text A

Text A is the beginning of a feature article from the online version of *The Telegraph* newspaper. The article is about Hayley Carruthers who ran the London Marathon.

The Telegraph News Politics Sport Business Money Opinion Tech Life Style Travel Culture

> News

NHS radiographer Hayley Carruthers stumbles into nation's hearts as one of London Marathon elite

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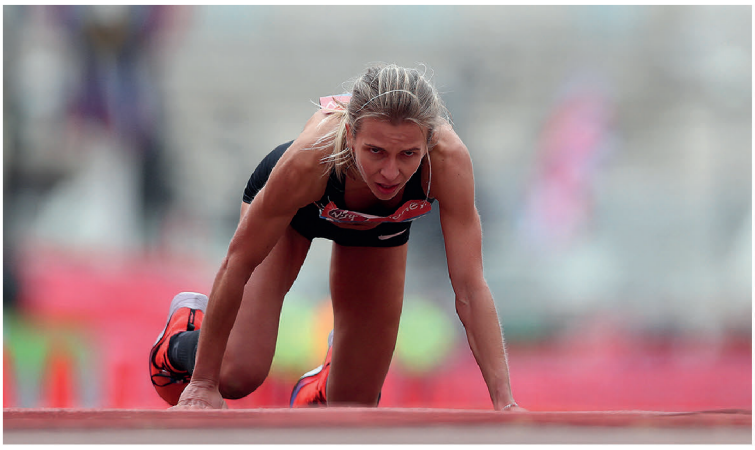
By Helena Horton
29 April 2019 • 9:01am



End in sight: Carruthers scrambled over the finish line

Just watching it felt exhausting. Hayley Carruthers had just run the race of her life. But so much effort had gone into her own record setting achievement that she collapsed in a heap just yards from the finish.

A stretcher was needed after she crawled over the final steps of the 26.2 mile London Marathon course on her hands and knees.

But such is her dedication that the NHS worker, the only British elite runner to juggle her athletic career with a full time job, vowed to return to work on Monday morning after putting her name in the history books.

The 26-year-old has little time to recover from her efforts as she is also a research radiographer who works with cancer patients at the Queen Elizabeth Hospital in Birmingham.

"I'm definitely back in work tomorrow," she told The Telegraph afterwards. "That's just the nature of the job with the NHS. Although I am proud of the way I got to the finish, I would rather I hadn't put myself in that situation in the first place by pacing the first half a little more conservatively. The big thing is to learn from it and use it as fuel.

"Ultimately, though, it was about racing the other girls today and our pack definitely went off too fast. I'm not badly injured at all, apart from my pride! I'm really touched that people have been so kind about it. It's not a reaction I expected – it's certainly not my goal to end up in that state at the finish.

Text B

Text B is a letter sent by the organisers of the London Marathon to people who have not been chosen for the event.

Dear Runner

We regret to advise you that your application to run in the 2020 Virgin Money London Marathon has been unsuccessful. Once again demand for places has far exceeded supply.

We are extremely grateful that you decided to donate your entry fee to the Virgin Money London Marathon. It is a most generous gesture and one that helps us in our aim to give as much as possible to The London Marathon Charitable Trust.

Enclosed is your exclusive, premium quality Virgin Money London Marathon winter running top and our magazine, *Virgin Money London Marathon*, for unsuccessful applicants. It contains details of other ways you might be able to enter the race and is full of interesting information on training for the marathon and other aspects of the event. Nearly all of the charities advertising in the magazine still have Virgin Money London Marathon places available for dedicated runners to help them raise money for their cause.

We are sorry that we were not able to accept your entry this year and hope you will have better luck next year.

For details on how to enter the 2021 Virgin Money London Marathon please visit **VirginMoneyLondonMarathon.com** in the New Year.

If you have any further queries please contact our Customer Services Team on 020 7902 0200.

Yours sincerely

Hugh Brasher
Event Director

END OF TEXTS

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